4-03 Matterhorn（n.）阿尔卑斯山峰之一 man

Modern alpinists登山运动员 try to climb mountains by沿、经a route which will give them good sport, and the more difficult it is, the more highly it is regarded.

In the pioneering days在初创时期, however, this was not the case at all.

The early climbers were looking for the easiest way to the top, because the summit顶峰；顶点 was the prize they sought, especially if it had never been attained到达；达到 before.

It is true that during their explorations（n.）探测，勘探 they often faced difficulties and dangers of the most perilous（adj.）危险的，艰险的 nature, 原因状equipped in a manner which would make a modern climber shudder（因担忧、恐惧、厌恶或寒冷）不寒而栗；战栗 **at the thought**一想起,

but they did not go out of their way特意，想尽办法 to court试图获得，追求（关注或声望） such excitement兴奋;激动. They had a single aim, a solitary（adj.）唯一的；独自的 goal —— the top!

It is hard for us to realize nowadays how difficult it was for the pioneers.

Except for除了 one or two places such as Zermatt and Chamonix, which had rapidly become popular, Alpine（adj.）阿尔卑斯山的 village tended to be impoverished使贫困；使贫穷 settlements（n.）移民;开拓;殖民点 （cut off from civilization by the high mountains）.

Such inns小旅馆，客栈 （as there were） were generally dirty and flea-ridden布满跳蚤的； the food simply local cheese奶酪 accompanied by bread often twelve months old, 独立结构/伴随状all washed down with coarse粗劣的；粗糙的 wine.

[Often] a valley **boasted自恃有；自夸；以有…而自豪 no inn at all**根本没有客栈, and climbers found shelter所；避难所 wherever they could ——插入sometimes with the local priest who was usually as poor as his parishioners, sometimes with shepherds牧羊人 or cheese-makers.（sometimes with …，sometimes with …有时同…住在一起，有时则同…住在一起。

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Invariably（adv.）总是；不变的 the background was the same: dirt（n.） and poverty（n.）贫穷；缺乏, and very uncomfortable. For men （accustomed使习惯 to eating seven-course dinners / and sleeping between fine linen亚麻布制的 sheets被单 at home）, the change to **the Alps**阿尔卑斯山脉 must have very hard indeed（adv.）的确，确实.

1. go out of one’s way 特意，想尽办法，如：

He has gone out of his way to offer suggestions. 他想尽办法提出建议。

He went out of his way to be rude to me . 他故意对我无礼。

1. ridden [ˈrɪ-dn] adj.（通常构成复合词）充满（某种不良事物）的；满是的；受…困扰的

flea跳蚤-ridden a. 布满跳蚤的

4-04 Seeing hands

Several cases have been reported in Russia recently of people who can detect colours with their fingers, and even see through solid and walls.

One case concerns关于，涉及 an eleven-year-old schoolgirl, Vera Petrova, who has normal vision视力，视觉/ but who can also perceive意识到；察觉（尤指不明显之物）,领悟 things 方式状with different parts of her skin, and through solid walls. This ability was first noticed by her father.

One day she came into his office / and happened to put her hands on the door of a locked safe保险柜. Suddenly she asked her father why he kept so many old newspapers 宾补locked away there, and even described the way they were done up捆,包 in bundles捆；一批（同类事物或出售的货品）.

Vera's curious talent was brought to the notice of使…引起某人注意 a scientific research institute协会；（教育、专业等）机构 in the town of Ulyanovsk, near where she lives, and [in April] she was given a series of tests by a special commission委员会 of the Ministry（政府的）部 of Health of the Russian Federal（adj.）联邦（制）的；同盟的 Republic.（federal republic 联邦共和国）

During these tests she was able to read a newspaper through an opaque不透明的 screen / and, stranger still, [方式状by moving her elbow over a child's game of Lotto] she was able to describe the figures and colours printed on it；

and, in another instance例子，实例, wearing stockings长袜 and slippers拖鞋，（室内）便鞋, to make out辨认出 with her foot the outlines外形，轮廓线 and colours of a picture （hidden under a carpet）.

Other experiments showed that her knees and shoulders肩膀 had a similar sensitivity（n.）敏感，感受性.

[During all these tests] Vera was blindfold（adj.）被蒙上眼睛的； and, indeed, [except除…以外 when blindfold] she lacked the ability to perceive注意到,察觉 things 方式状with her skin.

It was also found that although she could perceive things with her fingers / this ability ceased停止;终了;消失 the moment her hands were wet.

1. do sth. up课文中表示“捆”、“包”之意。把…扣/扎好；系好；捆好；扎好；把…收拾好
2. bring … to the notice of sb. 使…引起某人注意

He brought it to my notice. 他提醒我注意那件事。

1. perceive v.注意到，察觉，意识到（尤指不明显之物）

'Precisely what other problems do you perceive?' she asked. “你究竟还发现了什么问题？”她问道。

→you perceive someone or something as doing or being a particular thing, v.看作；视为；认为

Stress is widely perceived as contributing to coronary heart disease... 压力被广泛认为是导致冠心病的一个因素。